



BALTIC ROAD CHAMPIONSHIPS 2026

TECHNICAL GUIDE

1. EVENT MANAGEMENT

Baltic Road Championships 2026 is organised by Lithuanian Cycling Federation (**Smolensko str.. 6-416, Vilnius**) in collaboration with Estonian Cyclists Union and Latvian Cycling Federation.

Baltic Road Championships 2026 is organized according to UCI Regulations from 25th to 28th of June 2026 and includes Estonian, Lithuanian and Latvian national road race championships (UCI CN).

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Latvian Cycling Federation	Toms Markss	+371 2625 5435	toms@lrf.lv

2. MEDICAL SERVICES

Medical assistance is provided at the start and finish area. During the competition the ambulance serving the event will drive behind the cars accompanying the peloton.

Nearest hospital is Panevėžys hospital ([Smėlynės g. 25, Panevėžys, 35144 Panevėžio m. sav.](#))

Phone: [\(0-45\) 507244](tel:045507244)

3. PROGRAMME

24.06.2026 Wednesday

18.00-20.00 Confirmation of riders and numbers distribution for Road Races (Hotel "Romantic" conference hall, Kranto g. 24, Panevėžys)).

20.00 Team managers meeting via Google meet <https://meet.google.com/sev-pmov-cee>

25.06.2026 Thursday

Competition centre is next to [Elektros g. 3, Panevėžys](#)

Course: <https://www.strava.com/routes/3467267342889883798>

08.00 - 15.30 Numbers distribution for Road Races. For each category number distribution finishes 30 minutes before the start.

11:00 M16

80,5 km (2 laps, 3 km of neutral start included)



UCI Cycling UCI

13:45	WU23, WJ	80,5 km (2 laps, 3 km of neutral start included)
13:50	Award ceremonies (M16)	
16:30	W16	40,3 km (1 lap, 3 km of neutral start included)
16:35	M65+, W40+	40,3 km (1 lap, 3 km of neutral start included)
16:45	Award ceremonies (WU23, WJ)	
18:00	Award ceremonies (W16, M65-69, M70-74, M75-79, M80+, W40 – 44, W45 – 49, W50-54, W55-59, W60-64, W65-69, W70-74, W75-79, W80+)	

26.06.2026 Friday

Competition centre is next to [Elektros g. 3, Panevėžys](#)

Course: <https://www.strava.com/routes/3467267342889883798>

08.00-13.30 Numbers distribution for Road Races. For each category number distribution finishes 30 minutes before the start.

10.00	MU23	120,8 km (3 laps, 3 km of neutral start included)
14.30	MJ	120,8 km (3 laps, 3 km of neutral start included)
14.05	Award ceremonies (MU23)	
17.30	Award ceremonies (MJ)	

Coffee ride centre is in TBC

19:30	Coffee ride (gathering from 18.30)	aprox 50 km
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27.06.2026 Saturday

Competition centre is next to [Elektros g. 3, Panevėžys](#)

Course: <https://www.strava.com/routes/3467267342889883798>

08.00-16.30 Numbers distribution for Road Races. For each category number distribution finishes 30 minutes before the start.

11.00	M45- 64	80,5 km (2 laps, 3 km of neutral start included)
14.00	M19-44	80,5 km (2 laps, 3 km of neutral start included)
14.05	Award ceremonies (M 45-49, M50-54, M55-59, M60-64)	
17.15	Award ceremonies (M19 – 39, M40 – 44)	

28.06.2026 Sunday

Competition centre is next to [Elektros g. 3, Panevėžys](#)

Course: <https://www.strava.com/routes/3467267342889883798>

08.00-13.00 Numbers distribution for Road Races. For each category number distribution finishes 30 minutes before the start.

10.00	WE, W19 – 39	120,8 km (3 laps, 3 km of neutral start included)
10.30	Children's races (until 11 -years old)	400 m – 2 km
13.15	Award ceremonies (WE, W19 – 34, W35 – 39)	
14.00	MElite	161 km (4 laps, 3 km of neutral start included)
18.30	Award ceremonies (ME)	



4. PARTICIPATION

Baltic Road Championships 2026 is open to Lithuanian, Latvian and Estonian cyclists who own UCI licence.

Age category	Age	Birth year
M/W16	15-16	2010-2011
M/W J	17-18	2008-2009
M/W U23	19-22	2004-2007
M/W E	23 and older	2003 and earlier
M/W 19-34	19-34	1992-2007
M/W 35-39	35-39	1987-1991
M/W 40-44	40-44	1982-1986
M/W 45-49	45-49	1977-1981
M/W 50-54	50-54	1972-1976
M/W 55-59	55-59	1967-1971
M/W 60-64	60-64	1962-1966
M/W 65-69	65-69	1957-1961
M/W 70-74	70-74	1952-1956
M/W 75-79	75-79	1951-1947
M/W	80 - 84	1942 - 1946

According to UCI regulations (1.2.028) Men and Women Under 23 riders can participate in the separate Under 23 race and in the Elite race. In Elite race they will race for the Elite champion title.

5. REGISTRATION

Registration opens on Friday, May 9 and ends on Tuesday, June 17 at 24:00.

Registration for Latvian, Estonian and Lithuanian Amateurs and Masters takes place on Registration portal:
TBC

Registration for MW16, MWJ, MWU23, MWE:

Latvian rider registration is on: www.bulta.lv/lc

Estonian rider registration is on: <https://portaal.ejl.ee/>

Lithuanian rider registration is on: TBC

Participation fee

Participation fee must be paid at registration. Only those participants who have paid the participation fee before June 17 at 24:00 will be included in the list of participants.

**Age category**

M/W16; M/WJ; M/WU; M/WE
M/W Masters 19-80+

Participation fee

0 EUR
25 EUR

6. RANKINGS

The ranking of the competitors will be determined based on the time taken to complete the race. For WE and ME riders UCI points are awarded according to the UCI regulations article 2.10.008 and 2.10.017.

7. RACE CENTRE

On June 25 – 28 Panevėžys next to [Elektros g. 3, Panevėžys](#)

8. CONFIRMATION OF STARTERS AND TEAM MANAGERS MEETING

Licenses will be checked at the secretariat based on pre-registration.

9. NEUTRAL TECHNICAL SUPPORT

The organisers will provide neutral technical assistance for road races.

For the road races the maximum number of team cars in the convoy is 15 per race. For each country there are 5 car places per race. Every federation will present combined team cars to the organising federation's email info@ldsf.lt by **20 June at 12.00**. Cars, which will not be presented until noted time, will not be accepted in the convoy. Each federation is responsible about prioritising and organising team cars for riders of their country.

The drawing lots for team cars will be held at the end of the team managers meeting on June 25 at 20.00.

The order of team cars in the race will be determined as follows:

1. In between combined list of teams presented to the organizing federation.
2. If the number of cars per race is less than 15 and team managers present at the team managers meeting want candidates for the free places a second order will be determined in between these teams.

The driver of the escort car must have a valid UCI licence. The names of the drivers of team cars with their contacts and UCI IDs must be submitted to the PCP to Email: info@ldsf.lt The information about the competition is transmitted through Radio Tour in Zello application.

For the Radio Tour, you can join the Zello channel on the website <https://zello.com/> or with the QR code:





10. OFFICIAL PRIZE CEREMONY

The winner of the race will be named Baltic champion and will be awarded with a prize money from competition partners. The second and the third place winners will be awarded with a prize from competition partners.

Official awards ceremony must be attended by all athletes who have won prizes in their age category. Athletes who do not appear for the award will lose their right to prizes and may be fined in accordance with the UCI regulations.

Riders must take part in the prize ceremony wearing their race clothing.

Prize money

Men Elite		Women Elite, Women 19-39	
I place	1 000€	I place	1 000€
II place	600€	II place	600€
III place	400€	III place	400€

Men Junior		Women Under 23, Women Junior	
I place	500€	I place	500€
II place	300€	II place	300€
III place	200€	III place	200€

National Medals per country

Estonia	Latvia	Lithuania
M/W16	M/W16	M/W16
M/WJ	M/WJ	M/WJ
M/WU23	M/WU23	M/WU23
M/WE	M/WE	M/WE
M/W Masters (all age categories)	M/W Masters (all age categories)	M/W Masters (all age categories)

11. TIME LIMITS

Riders finishing in a time exceeding that of the winner by more than 8% will not be classified. Riders getting lapped by the leader will be eliminated.

12. PENALTIES

The UCI penalty scale is the only applicable.

13. ANTI-DOPING

UCI and Lithuanian anti-doping rules apply to competition has the right to conduct doping control among all participants. More information at: <https://antidopingas.lt/lt/>.



Every registered athlete must be ready for doping control. Refusing doping control or evading doping control is considered a doping rule violation. The athlete is obliged to follow the rules of fair play, anti-manipulation of sports competitions and sports security.

14. OTHER INFORMATION

Information about the competition is available in the website: www.ldsf.lt

All questions not defined in the technical guide are resolved by the Commissaires Panel based on UCI regulations.

Accommodation can be found on <https://www.panevezysnow.lt/apsilankykite-192/apgyvendinimas/>